



## Tips and Tricks for *Realising Children's Rights*

As of 2016, more than 840 child care professionals have been trained in eight countries in Europe as part of the project "Training Professionals Working with Children in Care".

Now we are pleased to share with you ***Realising Children's Rights – A training manual for care professionals working with children in alternative care***, the quality handbook developed and carefully tested through these international trainings. Please use the following tips and tricks to strengthen your training sessions and create an even better experience for your participants.

### Tips and Tricks

- Read all the materials thoroughly before the training
- 20 participants maximum
- Consider adding a module created and hosted by young people. Such modules were rated highly by participants in countries where they were tested
- Adapt the material to your national context
- Add an extra day or half-day to the programme to allow time for national adaptations
- Review the list of participants and add more theory to the programme if needed. (For example, trainers find that foster parents often want more theoretical information on child rights than social workers do.)

### All trainers must take "Realising Children's Rights - Training of Trainers Course"

SOS Children's Villages coordinates 'training of trainers' courses for care professionals at national and international levels, based upon needs. Master trainers are available in the following countries: Bulgaria, Croatia, Estonia, France, Hungary, Italy, Latvia, and Romania.

### What participants say about the training:

- *"Materials are easy to use and convenient and the language used is suitable for the target group."*
- *"The main strength of the training is that it provides a space for reflection and dialogue among professionals."*
- *"The interactivity, the role-play activities, are necessary to work on professional functioning and professional empathy towards children and young people."*

**"Children have a weaker position in society, and children's rights offer them some protection. But they offer them protection only if they know about them and have somebody who can support them when the rights are violated."**

Young person  
in alternative care

To learn about upcoming trainings, email  
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