PARTICIPATES!

YOUNG PEOPLE ARE EXPERTS IN OUR OWN LIVES
What is youth participation?

It is our right to be part of the decision-making that affects our lives.

Participation...

It is being able to say what we think to people who listen and respect our opinions.

It is a continuous process. It requires respect, transparency and sincerity.

It’s about sharing power between adults and young people.

Adults have the responsibility to listen to us and to give us information that help us make decisions.

Participation happens in all areas of our lives and at different levels.
9 BASIC PRINCIPLES FOR YOUTH PARTICIPATION

ALL PARTICIPATION HAS 9 BASIC REQUIREMENTS.

1. Volunteer
2. Transparent and informed
3. Respectful
4. Inclusive
5. Adapted to young people
6. Relevant (important for young people)
7. Responsible
8. Safe and sensitive to risk
9. Supported by training

Below, we will present an example with the 9 basic principles of youth participation.

A sports course will soon be given in Aldeas Infantiles SOS. Boys, girls, adolescents, and young people are invited to say what sports they like.

They are informed of the options that exist, in a friendly and accessible language for everyone.
ADULTS LISTEN CAREFULLY TO EACH PARTICIPANT AND YOUNG PEOPLE LISTEN TO EACH OTHER.

ADULTS HAVE BEEN TRAINED TO LEAD THE DIALOGUE, THEREFORE, THEY PREVENT RISKS SO THAT YOUNG PEOPLE CAN EXPRESS THEMSELVES FREELY AND WITHOUT FEELING JUDGED.

AT THE END, THEY REPORT THE RESULTS OF THE PARTICIPATION AND THE DECISION THAT HAS BEEN MADE.
THE INGREDIENTS OF PARTICIPATION

COOKING AN ADEQUATE PARTICIPATION, REQUIRES 4 INGREDIENTS.

SUGAR, FLOWERS AND...

JUST JOKING, THESE INGREDIENTS ARE NOT.

THE INGREDIENTS OF PARTICIPATION ARE:

SPACE

VOICE

AUDIENCE

INFLUENCE

EACH ONE IS CONNECTED TO THE OTHER.
**Space**
It is to generate places, networks, opportunities and appropriate times to share ideas or points of view.

**Voice**
Having a voice is having the tools and training to be able to express ourselves. We can speak, write or use drawings; all people express ourselves in different ways.

**Audience**
It is having people who listen to or receive our message.

**Influence**
It is that our opinions generate a change and are taken into account. They will not always say yes to us, we will also receive a no, but we have the right to know why that decision is made. It is about our ideas transforming our lives and our spaces.

It is not the same to talk about how we will distribute household tasks in a calm and comfortable room...

...what to do it in a noisy room, in a hurry and busy adults.

It is not about having to speak in public or speak force.

It is about the existing of someone willing to listen to us.
DEGREES OF INFLUENCE

Participation may have different degrees of influence. Sometimes that you consult us is enough, on others, it is important that we collaborate within the project team.

No degree of influence is superior to another, they are tools that are used according to the needs.

REPORT

People share information with us, because before making decisions, it is important to know about the subject.

CONSULT

Adults seek our opinion, which we express by voting, sharing experiences or fostering debates. This information will help you make a decision.
INVOLVE
ADULTS INVITE US TO WORK ON THEIR PROJECTS.
WE ARE PART OF ITS WORKING GROUPS.

To collaborate
ADULTS AND YOUNG PEOPLE WE ARE ALLIES AND WE DRIVE THE PROJECT TOGETHER.
WE CO-CREATE A PROJECT.

LEAD
YOUNG PEOPLE LEAD THE PROJECT AND ADULTS SUPPORT US WITH THE NEEDS WE FIND.
1) What participation requirement does the following example represent?

**Instructor:** Those who wish to participate, please write your name.

A) Volunteer.
B) Supported by training.
C) Responsible.

2) In participation, having space is...

A) A room for a single person.
B) Everything that is outside our planet.
C) An appropriate time to share ideas and points of view.

3) What is youth participation?

A) Is to listen and accept what they communicate to us.
B) It is our right to collaborate in the decisions that affect our lives.
C) Is to decide on what will happen in 10 years with us.

4) Which word has the greatest degree of influence?

A) To consult.
B) Lead.
C) Collaborate.
5) Youth participation is about...

A) Transfer absolute power to young people.
B) Sharing power between adults and young people.
C) Inform young people of the decisions made by adults.

Correct answers:  
A B C

If you correct all 5 questions...
Congratulations!

For Raúl to cook a good participation, what ingredients does he need? Help him find the 4 ingredients of participation by circle the correct words.

Willingness  Space  Decision
Willingness  Voice  Crew
Willingness  Audience  Abundance
Willingness  Velocity
Willingness  Power  Force
Willingness  Influence

Please participate by leaving a comment. What is participation for you?